# COMMUNITY MENTAL HEALTH SERVICES BLOCK GRANT ALLOCATION PLAN

### **FEDERAL FISCAL YEAR 2021**



# DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES AND DEPARTMENT OF CHILDREN AND FAMILIES July 15, 2020

### STATE OF CONNECTICUT COMMUNITY MENTAL HEALTH SERVICES BLOCK GRANT

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### 1. Overview of the Community Mental Health Services Block Grant

### A. Purpose

The United States Department of Health and Human Services (HHS), through its Substance Abuse and Mental Health Services Administration (SAMHSA), manages the Community Mental Health Services Block Grant (CMHSBG). The Connecticut Department of Mental Health and Addiction Services (DMHAS) is designated as the principal state agency for the allocation and administration of the CMHSBG within the state of Connecticut.

The CMHSBG is designed to provide grants to states to carry out a state's mental health plan, to evaluate programs and to plan, administer and educate on matters related to providing services under the plan. Funds can be used for grants to community mental health centers for adults with serious mental illnesses (SMI) and children with serious emotional disturbances (SED) and their families. Services for identifiable populations, which are currently underserved, and coordination of mental health and health care services within health care centers are also eligible.

The CMHSBG is developed within the context of Federal Public Law 102-321, "to provide for the establishment and implementation of an organized community-based system of care for individuals with serious mental illness and children with serious emotional disturbance."

The major purpose of the CMHSBG is to support the above mission through the allocation of Block Grant funds for the provision of mental health services.

### B. Major Use of Funds

The Block Grant supports grants to local community-based mental health agencies throughout the state. Services that are eligible for CMHSBG funds are:

- Services principally to individuals residing in a defined geographic area, for example, regions and districts designated as service areas
- Outpatient services, including specialized outpatient services for children, the elderly, individuals with SMI, and residents of the service area who have been discharged from inpatient treatment at a mental health facility
- Twenty-four-hour emergency care services
- Day treatment or other partial hospitalization services or psychosocial rehabilitation services
- Screening for individuals being considered for admission to state mental health facilities to determine the appropriateness of such an admission

Additionally, Block Grant funds may be used in accordance with the identification of need and the availability of funds for:

- Services for individuals with SMI, including identification of such individuals and assistance to such individuals in gaining access to essential services through the assignment of case managers
- Identification and assessment of children and adolescents with SED and provision of appropriate services to such individuals
- Identification and assessment of persons who are within specified diagnostic groups including:

- Persons with traumatic brain injury or other organic brain syndromes
- Geriatric patients with SMI
- o Persons with concomitant mental illness and intellectual disabilities
- Persons with mental illness who are HIV+ or living with AIDS

The CMHSBG requires states to set aside a certain proportion of funds, based on Federal Fiscal Year (FFY) 1994 CMHSBG expenditures, for serving children with SED. Historically, Connecticut has allocated 30% of the appropriated block grant funds to the Department of Children and Families (DCF) for this purpose. This percentage of funds exceeds the federal requirement of 10%. In addition, as of February 2016, SAMHSA requires states to set-aside 10% of their CMHSBG funding for early serious mental illness (ESMI).

The CMHSBG also requires states to maintain expenditures for community mental health services at a level that is not less than the average level of such expenditures for the two-year period preceding the fiscal year for which the state is applying for the grant. In state fiscal year (SFY) 2014, funding was reallocated from DMHAS to the Department of Social Services (DSS) as part of the Affordable Care Act and Medicaid expansion. DMHAS utilizes DSS claims data for mental health services on an annual basis as part of DMHAS' calculation to demonstrate compliance with maintenance of expenditures to SAMHSA.

There are a number of activities or services that may **not** be supported with CMHS Block Grant funds. These include: 1) provision of inpatient services; 2) cash payments to intended recipients of health services; 3) purchase or improvement of land; purchase, construct or permanently improve (other than minor remodeling) any building or other facility; or 4) purchase of major medical equipment.

### **Bi-Annual Application Process:**

Starting with the FFY 2012 CMHSBG application, SAMHSA restructured the process on a two-year cycle. In the first year of the current cycle (FFY 2020), states were to develop a full application that addressed overall needs, service gaps and priorities, including performance measures. In the second year (FFY2021), only budget information is required to explain the intended use of the annual appropriation.

### **Target Population: Adult Mental Health Services:**

The CMHSBG is intended to serve adults (age 18 and older) with SMI, young adults transitioning out of the children's mental health system who have major mental illnesses and who will enter the adult mental health system, individuals at risk of hospitalization, those with SMI or SMI and co-occurring substance use disorder who are homeless or at risk of homelessness, and individuals who are indigent, including the medically indigent.

### **Major Use of Funds:**

DMHAS is responsible for the administration of the adult mental health component of the CMHSBG. The FFY 2021 CMHSBG funds will be allocated to community-based mental health providers across the state. Funding is provided to these facilities to support the Department's goal of reducing the incidence and prevalence of adult mental health disorders and preventing unnecessary admissions to institutions. The CMHSBG supports the state's efforts to develop a system of community-oriented, cost-effective mental

health services that allow persons to be served in the least-restrictive and most appropriate settings available. Services funded by the CMHSBG are:

- Emergency Crisis
- Outpatient/Intensive Outpatient
- Residential Services/Supportive Housing
- Social Rehabilitation
- Supported Employment/Vocational Rehabilitation
- Case Management
- Family Education/Training
- Consumer Peer Support Services in Community Mental Health Provider Settings
- Parenting Support/Parental Rights
- Peer to Peer Support for Vocational Rehabilitation
- Administration of Regional Behavioral Health Action Organizations (RBHAOs)
- Early Serious Mental Illness (ESMI)/First Episode Psychosis (FEP) 10% Set-Aside

### **Target Population: Children's Mental Health Services**

The CMHSBG is intended to serve children, birth to age 18, with SED who are at risk of being, or have already been, separated from their family and/or community for the primary purpose of receiving mental health or related services.

### **Major Use of Funds:**

The Department of Children and Families (DCF) is responsible for the administration of the children's mental health component of the CMHSBG. The FFY 2021 CMHSBG will be allocated for community-based mental health service provision and mental health transformation activities. Funded initiatives will also be consistent with and related to Connecticut Public Act 13-178, which called for the development of a "comprehensive implementation plan, across agency and policy areas, for meeting the mental, emotional and behavioral health needs of all children in the state, and preventing or reducing the long-term negative impact of mental, emotional and behavioral health issues of children."

Funding is also provided to support DCF's goal of reducing the incidence and prevalence of children's mental health disorders and aiding in the Department's efforts to positively transform the delivery of mental health care for all children and their families. Services proposed for funding by the CMHSBG during FFY 2021 include:

- Respite Care for Families
- FAVOR Statewide Family Organization Family Peer Support Services
- Youth Suicide Prevention/Mental Health Promotion
- CT Community KidCare: Workforce Development/Training and Culturally Competent Care
- Extended Day Treatment: Model Development and Training
- Early Serious Mental Illness (ESMI)/First Episode Psychosis (FEP) 10% Set-Aside
- Outpatient Care: System and Treatment Improvement
- Best Practices Promotion and Program Evaluation
- Outcomes: Performance Improvement and Data Dashboard Development
- Workforce Development: Higher Education In-Home Curriculum Project
- Other Connecticut Community KidCare
- Emergency Crisis

#### C. Federal Allotment Process

The allotment of the CMHSBG to states is determined by three factors: the Population at Risk, the Cost of Services Index, and the Fiscal Capacity Index. The Population at Risk represents the relative risk of mental health problems in a state. The Cost of Services Index represents the relative cost of providing mental health treatment services in a state. The Fiscal Capacity Index represents the relative ability of the state to pay for mental health related services. The product of these factors establishes the need for a given state.

### D. Estimated Federal Funding

The allocation plan for FFY 2021 is based on the funding level proposed in the President's budget of \$6,972,575 which is \$211,483 more than last year's actual enacted allocation \$6,761,092. The FFY 2020 allocation plan was based on the President's proposed amount of \$6,760,070 which was only \$1,022 less than the final actual CMHSBG amount awarded to the state by Congress. The final federal appropriation for FFY 2021, when authorized, could be other than as projected herein.

### **E. Total Available and Estimated Expenditures**

Adult Mental Health Services: The total adult portion of the CMHSBG available for expenditure in FFY 2021 is estimated to be \$5,889,338, which includes \$4,880,802 of the MHBG allotment and \$1,008,536 in DMHAS carry forward funds. DMHAS strives for stable funding for service providers while maintaining some carry forward for unanticipated block grant funding modifications. As a result, \$5,728,395 is the planned expenditure total for FFY 2021.

<u>Children's Mental Health Services:</u> The total children's portion of the CMHSBG available for expenditure in FFY 2021 is estimated to be \$2,992,826, which includes \$2,091,773 of the MHBG allotment and \$901,053 in DCF carry forward funds. Planned expenditures for FFY 2021 of \$2,796,453 will afford DCF the opportunity to address service and program needs should an unanticipated reduction in block grant funding occur.

### F. Proposed Changes from Last Year

### **Adult Mental Health Services:**

Additional funds proposed in the President's budget will be allocated to the Emergency Crisis category to support the new crisis call center which will enhance both responding to the increased volume of calls to the Suicide Prevention Line as well as triage and management of behavioral health crises statewide. The proposed increase for this service is \$683,232.

The increase in funding for Early Serious Mental Illness (ESMI)/First Episode Psychosis (FEP) of \$14,804 reflects the 10% set-aside requirement for these services which increased along with the proposed increase in the President's proposed budget for the CMHSBG.

DMHAS has been aligning with SAMHSA's expressed priority to fund otherwise non-reimbursable services. However, given that attaining and maintaining insurance coverage is a challenge for many behavioral health clients, DMHAS recognizes that a certain percentage of the population it serves will

either never be insured or will be inconsistently insured. In consequence, DMHAS continues to utilize a small amount of block grant funds for services to those who may not be insured.

All other line items have minor adjustments that are not anticipated to change the current level of services provided.

The block grant expenditure plan is intended to maintain and enhance the overall capacity of the adult mental health service system. The allocation plan only represents a portion of DMHAS spending for mental health services. Most of the programs which are funded with federal block grant dollars also receive state funding which is not reflected in the allocation plan.

<u>Children's Mental Health Services</u>: The CMHSBG will continue to be used to enhance services and support activities to facilitate positive outcomes for children with complex behavioral health needs (SED) and their families, and to support efforts to transform mental health care in the state.

### Respite Care for Families (\$450,000)

Funding is proposed to be maintained at \$450,000. This program will continue to provide statewide access to families seeking respite care. The Department has integrated this service into the nine existing Care Coordination programs.

### FAVOR Statewide Family Organization-Family Peer Support Specialists (\$720,000)

Funding is proposed to be maintained at \$720,000, the approved allocation last year. This will allow for continued support for three FTEs: two Family Peer Support Specialists and the statewide Family and Youth Engagement Specialist.

### Youth Suicide Prevention/Mental Health Promotion (\$225,000)

Funding is proposed to be maintained at \$225,000. This allocation will continue to support suicide prevention efforts across the state. As a result of COVID-19 there is growing concern among both mental health and suicide prevention experts about rising mental health needs and suicide attempts and deaths. This allocation will continue to support evidence-based suicide prevention trainings and practices. Some examples include: Question Persuade Refer (QPR), Applied Suicide Intervention Skills (ASIST), Zero Suicide initiative activities, the promotion of the 1 Word 1 Voice 1 Life campaign, and the development and implementation of mental health plans for school age children through the use of the Gizmo's Pawesome Guide to Mental Health book and curriculum.

## CT Community KidCare: Workforce Development/Training and Culturally Competent Care (\$65,000) Funding is proposed to be decreased by \$15,000 as compared to last year's approved allocation. The \$15,000 was originally added two years ago, but has been unused. This \$65,000 allocation will be

\$15,000 was originally added two years ago, but has been unused. This \$65,000 allocation will be utilized to maintain the ongoing efforts of the WrapCT Learning Collaborative to offer coaching and training to community-based behavioral health providers. The WrapCT Learning Collaborative's aim is to assist these providers in enabling families involved with the behavioral health system to create family-specific solutions using formal and informal supports.

#### Extended Day Treatment: Model Development and Training (\$40,000)

Funding is proposed to be maintained at \$40,000 to ensure training and consultation services are provided to the statewide network of Extended Day Treatment (EDT) providers. This will allow the EDT providers to receive training and support in utilizing the Life is Good Kids Foundation "Playmaker" curriculum, which enables childcare professionals to help children heal from early childhood trauma.

### Early Serious Mental Illness (ESMI)/First Episode Psychosis (FEP) 10% Set-Aside (\$423,453)

Funding is proposed to be maintained at \$423,453. DCF will continue to fund a full-time outreach Intensive Case Manager position at Beacon Health Options. This individual will identify youth and young adults with any diagnosis related to early psychotic episodes and conduct outreach and support activities to increase the enrollment at two treatment sites for which DMHAS has received federal approval. The two locations are Yale's Specialized Treatment Early in Psychosis (STEP) and the Institute of Living's (IOLs) STEP-like program. Additionally, Beacon Health Options will also work closely with Yale's STEP and Clinical High-Risk Psychosis (CHRP) programs to provide an orientation of STEP and CHRP services to interested behavioral health providers.

### Outpatient Care: System and Treatment Improvement (\$183,000)

Funding is proposed to be maintained at \$183,000. Services will continue to be focused on improving outcomes for youth served by outpatient providers, improving direct linkages to schools to meet student mental health needs and continued implementation of best and evidence based practices (i.e. Modular Approach to Therapy for Children with Anxiety, Depression, Trauma or Conduct Programs; Trauma-Focused Cognitive Behavior Therapy; and Cognitive Behavior Intervention for Trauma in Schools). Additionally, this allocation will support enhancements in the areas of provider data, data analysis and implementing quality outcome measures.

### **Best Practices Promotion and Program Evaluation (\$230,000)**

Funding, decreased by \$20,000 as compared to last year's approved allocation, is proposed to continue to promote the work and tasks recommended within the Children's Behavioral Health Plan (PA 13-178), including: implementation of national standards for culturally and linguistically appropriate services (CLAS), fiscal analysis, suicide prevention in schools, and internal school self-assessment using the national School Health Assessment and Performance Evaluation (SHAPE) system. Funding will also promote the development of ongoing linkages between behavioral health and primary care providers. Finally, training for agencies and clinicians interested in developing competency in identifying and treating children with early psychosis or those at risk for developing early psychosis will be supported.

### Outcomes: Performance Improvement and Data Dashboard Development (\$50,000)

Funding is proposed to be decreased by \$150,000 as compared to last year's approved allocation. The proposed decrease is a result of the Department only supporting general maintenance and required SAMHSA data improvements in the Provider Information Exchange (PIE) behavioral health data system. The proposed allocation will allow for the continuation of required data reporting, data enhancements that are required to meet federal outcome measures, ongoing support for the collection of expanded federal outcome measures, and further development of automated reporting.

### Workforce Development: Higher Education In-Home Curriculum Project (\$65,000)

Funding is proposed to be decreased by \$10,000 as compared to last year's approved allocation. This allocation supports the education and recruitment of undergraduate and graduate students to serve in the Intensive In-Home service array and the Substance Use treatment array. This funding is consistent with funding allocations made in prior years and will facilitate the program's operation at its intended capacity.

### Other Connecticut Community KidCare (\$45,000)

Funding is proposed to be decreased by \$20,000 as compared to last year's approved allocation. This funding will provide for continued support of oral and written translation services and training

opportunities for families and providers. This includes, but is not be limited to, "Wraparound" training sessions provided throughout the year. The two-day "Utilizing Wraparound" basic training is offered most frequently, but an additional twelve modules – half and full day - are also offered as needed to enhance the basic training. Additionally, DCF supports training sessions for providers and families related to trauma and behavioral health support in the event of local disasters. Community collaboratives and regional suicide advisory boards will continue to be eligible to receive minimal stipends for the support of these community meetings.

### Emergency Crisis (\$300,000)

Funding is proposed to be reduced by \$75,000 as compared to last year's approved allocation. This funding will be utilized to maintain the costs associated with the increased call volume to the statewide Mobile Crisis and Suicide Prevention Call Center. The decrease of \$75,000 is made possible because several competing priorities prevented last year's approved allocation to be fully executed and preliminary exploratory work to be completed.

### **G.** Contingency Plan

This allocation plan was prepared under the assumption that the FFY 2021 CMHSBG for Connecticut will be funded at the level in the President's proposed budget of \$6,972,575 and may be subject to change. In the event that anticipated funding is reduced, DMHAS and DCF will review the performance of programs in terms of their utilization, quality and efficiency. Based on this review, reductions in the allocation would be assessed to prioritize those programs deemed most critical to public health and safety.

An unanticipated funding increase will first be reviewed in light of sustaining the level of services currently procured via the annual, ongoing award. Second, if the increase is significant and allows for expansion of DMHAS and DCF service capacity, the departments will review the unmet needs for community mental health services identified through their internal and external planning processes and prioritize the allocation of additional block grant resources.

In accordance with section 4-28b of the Connecticut General Statutes, after recommended allocations have been approved or modified, any proposed transfer to or from any specific allocation of a sum or sums of over fifty thousand dollars or ten per cent of any such specific allocation, whichever is less, shall be submitted by the Governor to the speaker and the president pro tempore and approved, modified or rejected by the committees. Notification of all transfers made shall be sent to the joint standing committee of the General Assembly having cognizance of matters relating to appropriations and the budgets of state agencies and to the committee or committees of cognizance, through the Office of Fiscal Analysis.

### **H. State Allocation Planning Process**

### Adult Mental Health Services

The Regional Behavioral Health Action Organizations (RBHAOs), which replaced the former Regional Mental Health Boards (RMHBs) and Regional Action Councils (RACs), were charged with identifying strengths, needs and gaps in mental health, substance use and problem gambling services across the lifespan. The regional priority setting process conducted by the RBHAOs was condensed into a statewide priority setting report by the University of Connecticut Health Center's Center for Prevention Evaluation

and Statistics (CPES) in September 2019. Mental Health issues were top priorities in 4 of the 5 DMHAS regions, with specific focus on anxiety and suicidal ideation in young people, which is further examined below.

SAMHSA's National Survey of Drug Use and Health (NSDUH) -2017: Behavioral Health Barometer: Connecticut, Volume 5, published in 2019, compares Connecticut data with regional and national data. As the table below reflects, estimates of adult SMI in Connecticut are lower than regional and national estimates, but higher for Connecticut's young adults (18 -25). For past year serious suicidal thoughts, estimates for both adults and young adults in Connecticut are below regional and national estimates, but young adult estimates are at least twice what they are for adults.

### **Comparison of Connecticut to Regional and National Estimates**

	Connecticut	Region	Nation
Adults with past year SMI	3.4%	4.7%	4.2%
Young adults with past year SMI	6.2%	6.1%	5.5%
Adults with past year serious suicidal thoughts	3.2%	4.2%	4.1%
Young adults with past year serious suicidal thoughts	8.2%	8.6%	8.5%

### Children's Mental Health Services:

DCF is responsible for administering children's mental health services. DCF will allocate the FFY 2021 CMHS Block Grant for the purpose of supporting services and activities that are to benefit children with SED and complex behavioral health needs and their families. These funds are used to support community-based service provision, with a focus on "enhanced access to a more complete and effective system of community-based behavioral health services and supports, and to improve individual outcomes."

The allocations and services that are planned for the CMHS Block Grant are based upon input from and recommendations of the Children's Behavioral Health Advisory Council (CBHAC). This committee serves as the Children's Mental Health Planning Council (CMHPC) for Connecticut. A majority of the membership of this council is made up of parents of children with SED with participation from other states agencies, community providers, and DCF regional personnel and advocacy groups. In addition, one of the co-chairpersons for the CBHAC must be a parent of a child with SED.

Contracted community services for children and youth are regularly reviewed and monitored by DCF through data collection, site visits and provider meetings to ensure the provision of effective, child and family-centered, culturally competent care. DCF's behavioral health information system, known as the Program Information Exchange or PIE, is used to collect monthly data. At a minimum, regular reports, including Results Based Accountability (RBA) report cards, are generated using these data to review utilization levels and service efficacy. Competitive procurement processes (e.g., Requests for Proposals (RFPs) and Requests for Applications (RFAs)) include broad participation from DCF staff, parents of children with SED and other community members. This diversity allows for multiple perspectives to be represented to inform service award and final contracting. This multidisciplinary review process ensures that the proposed program adheres to the following standards:

- The services to be provided are clearly described and conform to the components and expectations set forth in the procurement instrument (e.g., RFP) and include, as pertinent, active membership in the System of Care-Community Collaborative by the applicant agency.
- The services are appropriate and accessible to the population, and consistent with the needs and objectives of the State Mental Health Plan.
- The numbers of clients to be served is indicated and supported by inclusion of relevant community demographic information (e.g., socio-economic, geographic, ethnic, racial, and linguistic considerations).
- The service will be administered in a manner that is responsive to a mechanism for routine reporting of data to DCF.
- Performance measures and outcomes are included with a defined mechanism for routine reporting of data to DCF.

After a submitted application has been selected for funding, a contract is established. Thereafter, the contractor provides program data and fiscal reports/information related to the activities performed in meeting the contract's terms, objectives, and service outcomes. Standard provider contract data includes variables pertaining to client demographics, service provision, and outcome values. DCF program supervisors regularly analyze, distribute, and use these data to implement service planning and/or engage in contract renewal or modifications. Local geographic areas and/or statewide meetings are convened with contractors to monitor service provision and discuss needed modifications related to service provision. The agency's Central Office behavioral health staff are heavily involved in active contract management with respect to the Department's behavioral health programming. These efforts include addressing child-specific treatment planning and systems/resource issues. Central Office staff's contract oversight activities are further enhanced through collaboration with DCF Regional Administrators, Office Directors, Systems Development and Clinical Directors, Regional Resource Group staff, and the membership of the local System of Care-Community Collaborative and members of local networks of care.

The above-mentioned mechanisms and processes provide DCF with a broad and diverse array of stakeholder voices to inform program planning and allocation decisions. Moreover, through the monthly meetings of the CBHAC and quarterly joint meetings with the Adult Behavioral Health Planning Council, a regular and established forum to obtain community input regarding the children's behavioral health service system is in place.

#### I. Grant Provisions

The Secretary of DHHS may make a grant under Section 1911 Formula Grants to states if:

- The state involved submits to the Secretary a plan providing comprehensive community mental health services to adults with SMI and to children with SED
- The plan meets the specified criteria
- The Secretary approves the plan

Other limitations on funding allocations include:

- A state may use no more than 5% of the grant for administrative costs
- Not less than 10% of the MHBG is to be used for services for children, based on 1994 expenditures

- MHBG funds may only be spent for community-based mental health services and not used for inpatient or institutional psychiatric treatment and/or care
- Ten percent of the total MHBG award must be designated for evidence-based strategies to respond to Early Serious Mental Illness (ESMI) including First Episode Psychosis (FEP)
- While not a formal limitation, SAMHSA has indicated that block grant funds should not be used for services that are otherwise reimbursable

### II. Tables

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Table A
Community Mental Health Services Block Grant
Recommended Allocations

Program Category	FFY 19 Expenditures	FFY 20 Estimated	FFY 21 Proposed	Percentage Change from
		Expenditures	Expenditures	FFY 20 to FFY 21
Adult Mental Health Services	\$4,199,852	\$5,030,359	\$5,728,395	13.9%
Children's Mental Health Services	\$2,046,766	\$2,725,899	\$2,796,453	2.6%
TOTAL	\$6,246,618	\$7,756,258	\$8,524,848	9.9%
Source of Funds				
Block Grant	\$6,690,546	\$6,761,092	\$6,972,575	3.1%
Carry forward from previous year	\$2,460,827	\$2,904,755	\$1,909,589	-34.3%
TOTAL FUNDS AVAILABLE	\$9,151,373	\$9,665,847	\$8,882,164	-8.1%

Table B1
Community Mental Health Services Block Grant
Program Expenditures – Adult Services

Adult Mental Health Services	FFY 19 Expenditures	FFY 20 Estimated	FFY 21 Proposed	Percentage Change from FFY
		Expenditures	Expenditures	20 to FFY 21
Number of Positions (FTE)				
Personal Services				
Fringe Benefits				
Other Expenses				
Equipment				
Contracts				
DMHAS Grants to DMHAS funded				
private agencies				
Emergency Crisis	\$1,342,083	\$1,422,064	\$2,105,296	48.0%
Outpatient Services/Intensive Outpatient	\$433,527	\$433,525	\$433,525	0%
Residential Services/Supported Housing	\$405,891	\$1,115,041	\$1,115,041	0%
Social Rehabilitation	\$95,908	\$145,044	\$145,044	0%
Supported Employment/Vocational				
Rehabilitation	\$529,767	\$471,837	\$471,837	0%
Case Management	\$237,155	\$237,155	\$237,155	0%
Family Education/Training	\$67,576	\$105,303	\$105,303	0%
Consumer Peer Support Services in				
Community Mental Health Provider				
Setting	\$104,648	\$104,648	\$104,648	0%
Parenting Support/Parental Rights	\$49,708	\$49,708	\$49,708	0%
Peer to Peer Support for Vocational				
Rehabilitation	\$52,234	\$52,851	\$52,851	0%
Administration of Regional Behavioral				
Health Action Organizations (formerly				
Regional Mental Health Boards)	\$417,051	\$418,906	\$418,906	0%
Early Serious Mental Illness (ESMI)/First				
Episode Psychosis (FEP) 10% set-aside	\$464,304	\$474,277	\$489,081	3.1%
TOTAL EXPENDITURES	\$4,199,852	\$5,030,359	\$5,728,395	13.9%
	Sources of FFY	Sources of FFY	Sources of FFY	Percentage
	19 Allocations	20 Allocations	21 Allocations	change
				FFY 20 to FFY 21
Federal Block Grant Funds	\$4,643,032	\$4,732,764	\$4,880,802	3.1%
Carry forward funds	\$862,951	\$1,306,131	\$1,008,536	-22.8%
TOTAL FUNDS AVAILABLE	\$5,505,983	\$6,038,895	\$5,889,338	-2.5%

Table B2

Community Mental Health Services Block Grant

Program Expenditures – Children's Services

Children's Mental Health Services	FFY 19 Expenditures	FFY 20 Estimated	FFY 21 Proposed	Percentage Change from FFY
		Expenditures	Expenditures	20 to FFY 21
Number of Positions (FTE)				
Personal Services				
Contracts				
DCF Grants to DCF funded private				
agencies				
Respite Care for Families	\$461,112	\$450,000	\$450,000	0.0%
FAVOR Family Peer Specialists	\$519,450	\$569,446	\$720,000	26.4%
Youth Suicide Prevention/Mental Health				
Promotion	\$209,103	\$225,000	\$225,000	0.0%
CT Community KidCare (System of Care)				
Workforce Development/Training &				
Culturally Competent Care	\$65,000	\$65,000	\$65,000	0.0%
Extended Day Treatment: Model				
Development and Training	\$29,364	\$40,000	\$40,000	0.0%
SMI/SED 10% Set Aside	\$308,399	\$423,453	\$423,453	0.0%
Outpatient Care: System Treatment and				
Improvement	\$158,068	\$183,000	\$183,000	0.0%
Best Practices Promotion and Program				
Evaluation	\$98,802	\$250,000	\$230,000	-8.0%
Outcomes: Performance Improvement				
Data Dashboard Development	\$191,420	\$100,000	\$50,000	-50.0
Workforce Development: Higher				
Education In-Home Curriculum Project	\$79,040	\$75,000	\$65,000	-13.3%
Other Connecticut Community KidCare	\$6,734	\$45,000	\$45,000	0.0%
Emergency Crisis	\$0	\$300,000	\$300,000	0.0%
Refund	-\$79,726			
TOTAL EXPENDITURES	\$2,046,766	\$2,725,899	\$2,796,453	2.6%
	Sources of FFY	Sources of FFY	Sources of FFY	Percentage
	19 Allocations	20 Allocations	21 Allocations	change
				FFY 20 to FFY 21
Children Federal Block Grant Funds	\$2,047,514	\$2,028,328	\$2,091,773	3.1%
Children Carry forward funds	\$1,597,876	\$1,598,624	\$901,053	-43.6%
TOTAL FUNDS AVAILABLE	\$3,645,390	\$3,626,952	\$2,992,826	-17.5%

Table C
Community Mental Health Services Block Grant
Summary of Service Objectives and Activities

Service	Objective	Grantor/Agency Activity	Number	Performance				
Category			Served	Measures				
			FFY 19					
	Adult Services							
Emergency	To provide concentrated	Program activities include	1,502	Number of				
Crisis	interventions to treat a	assessment and evaluation,		unduplicated clients				
	rapidly deteriorating	diagnosis, hospital pre-		served = 1,502				
	behavioral health condition,	screening, medication						
	reduce risk of harm to self or	evaluation, and referral for		Percent evaluated				
	others, stabilize psychiatric	continuing care if needed.		within 1.5 hours of				
	symptoms or behavioral and	Respite services provide an		request for services =				
	situational problems, and	opportunity for individuals		69%				
	wherever possible, to avert	to be stabilized as an		(goal = 75%)				
	the need for hospitalization.	alternative to						
		hospitalization.						
Outpatient/	A program in which mental	Services are provided in	4,626	Number of				
Intensive	health professionals	regularly scheduled		unduplicated clients				
Outpatient	evaluate, diagnose, and treat	sessions and include		served = 4,626				
	persons with serious	individual, group, family		Percent of clients with				
	psychiatric disabilities or	therapy and psychiatric		maintained or				
	families in regularly	evaluation and medication		improved functioning				
	scheduled therapy visits and	management.		as measured by GAF				
	non-scheduled visits. Services			score = 93%				
	may include psychological			(goal = 75%)				
	testing, long-term therapy,			Percent of clients				
	short-term therapy or			completing treatment				
	medication visits.			= 75%				
				(goal = 50%)				
Residential	To foster development of	Services consist of	36	Number of				
Services/	long-term solutions to the	transitional and/or		unduplicated clients				
Supported	housing and service needs of	permanent housing		served = 36				
Housing	families/individuals coping	subsidies with funding for		Percent of clients in				
	with psychiatric disability.	supportive services.		stable housing = 96%				
				(goal = 85%)				

Table C
Community Mental Health Services Block Grant
Summary of Service Objectives and Activities

Service	Objective	Grantor/Agency Activity	Number	Performance
Category			Served	Measures
			FFY 19	
		Adult Services		
Social	To provide a long-term	The program provides a	211	Number of
Rehabilitation	supportive, flexible	range of therapeutic		unduplicated clients
	therapeutic milieu to	activities including		served = 211
	enhance a range of activities,	diagnosis, individual or		
	including daily living skills,	group therapy,		
	interpersonal skill building,	rehabilitative services and		
	life management skills, and	access to psychiatric,		
	pre-vocational skills	medical and laboratory		
	(temporary, transitional or	services when appropriate.		
	voluntary work assignments).			
Supported	To assist persons with finding	Providing rapid job search	3,749	Number of
Employment/	and keeping jobs that take	and attainment, along with		unduplicated clients
Vocational	into account their personal	ongoing vocational		served = 3,749
Rehabilitation	strengths and motivation.	assessment, individualized		
		support, and benefits		Percent employed =
		counseling consistent with		42%
		the SAMHSA Individual		(goal = 35%)
		Placement and Support		
		(IPS) supported		
		employment model.		
Case	To assist persons with severe	Services may include intake	500	Number of
Management	and persistent mental illness	and assessment, individual		unduplicated clients
	through community outreach	service planning and		served = 500
	to obtain necessary clinical,	supports, intensive case		
	medical, social, educational,	management services,		Percent reporting
	rehabilitative, and vocational	counseling, medication		supportive social
	or other services in order to	monitoring and evaluation.		interactions = 61%
	achieve optimal quality of life	Services are intensive and		(goal = 60%)
	and community living.	range from less frequency		
		and duration to daily		
		assistance.		

Table C
Community Mental Health Services Block Grant
Summary of Service Objectives and Activities

Service Category	Objective	Grantor/Agency Activity	Number Served FFY 19	Performance Measures
		Adult Services	FF 19	
Family	To provide information about	Conduct 8-week Family to	FTF: 313	FTF = 19 classes with
Education/	mental illness, treatment,	Family (FTF) course on		313 attendees
Training	support services and	mental illness, treatment,		
	methods of accessing	coping skills, and family-		Provider education
	services for families of those	based self-help; conduct		courses = 13 with 226
	with mental health	Basics training for parents		attendees
	conditions.	of minors with mental		
		illness; conduct Homefront		Family support groups
		training for families of		= 42
		service members/veterans		
		with mental illness; offer In		Support groups = 71
		Our Own Voice peer-led		
		support groups and Ending		State conference = 1
		the Silence support groups		event with 200
		for those with lived		participants
		experience and their		
		families.		
Consumer Peer	To improve the quality of	Assist individuals in	40	Recovery Support
Support	services and interactions	understanding providers'		Specialists = 40
Services in	experienced by those with	policies and procedures;		Warm line operators =
Community	psychiatric disabilities who	assure that individuals'		6
Mental Health	seek crisis or outpatient	rights are respected; assist		Interns = 6
Provider	treatment using trained,	with addressing family and		Continuum sites = 16
Settings	consumer, on-call peer	staff. Funds 1 community		Contracted sites = 7
	advocates as liaisons.	agency.		
Parenting	To maximize opportunities	Services include early	17	Number of
Support/	for parents with psychiatric	intervention assessments,		unduplicated clients
Parental Rights	disabilities to protect their	support services, legal		served = 17
	parental rights, establish	assistance, mentoring, and		Percent reporting
	and/or maintain custody of	preparation of legal		supportive social
	their children, and sustain	guardianship forms. Funds		interactions = 61%
	recovery.	1 community agency.		(goal =60%)

Table C
Community Mental Health Services Block Grant
Summary of Service Objectives and Activities

Service Category	Objective	Grantor/Agency Activity	Number Served FFY 19	Performance Measures					
	Adult Services								
Peer to Peer Support for Vocational Rehabilitation	To provide opportunities to develop/pursue vocational goals consistent with recovery; assist with finding, obtaining, and maintaining stable employment; and	These supports will foster peer-to-peer (consumer-to-consumer) assistance to transition individuals with psychiatric disabilities toward stable employment	44	Number of unduplicated clients served = 44  Percent of client employed = 42%					
	experience respect and understanding with mentorship and support.	and economic self- sufficiency.		(goal = 35%)					
Administration of Regional Behavioral Health Action Organizations (RBHAOs)	To support grass roots community participation and input on service needs identification, quality and enhancement of the service delivery system, and promote effective, efficient, and consumer responsive service functions through the Regional Behavioral Health Action Organizations (RBHAOs) and the Adult Behavioral Health Planning Council. The Council is mandated to oversee the CMHSBG by federal law and has delegated these responsibilities to the RBHAOs.	Fund RBHAOs for identifying needs, monitoring the quality of services, conducting system evaluations and reviews, which identify service gaps and deficiencies for CMHS Block Grant mandated Council.	NA	NA					

Table C
Community Mental Health Services Block Grant
Summary of Service Objectives and Activities

Service	Objective	Grantor/Agency Activity	Number	Performance
Category			Served	Measures
			FFY 19	
		Adult Services		
Early Serious	To prevent early serious	The Potential Program at	89	IOL/Hartford Hospital
Mental Illness	mental illness in young	the Institute of Living/		current unduplicated
(ESMI)/ First	persons from becoming	Hartford Hospital and the		clients = 39; admissions
Episode	chronic by providing targeted	STEP Program at		= 43
Psychosis (FEP)	outreach and engagement,	Connecticut Mental Health		
10% Set-Aside	individual and group	Center/Yale University for		Yale University/
	psychotherapy, medication	persons 16 – 26 years old		Connecticut Mental
	management, family	in an effort to reduce the		Health Center current
	education and support, and	chronicity and severity of		unduplicated clients =
	education and vocational	their psychosis and		50; admissions - 45
	development opportunities.	improve their adaptive		
		functioning.		

Table C
Community Mental Health Services Block Grant
Summary of Service Objectives and Activities

Service	Objective	Grantor/Agency Activity	Number	Performance
Category			Served	Measures
			FFY 19	
		Children's Services		
Respite Care	To provide temporary	DCF provides funds to	343 youth	88% of family members
for Families	support and care to parents/	community agencies for	served	surveyed "agreed or
	caregivers enrolled in care	the provision of respite		strongly agreed" that
	coordination. Respite care	services to care		they received the help
	maintains youth in their	coordination-enrolled		they wanted for their
	homes and communities and	families for children/youth		child.
	provides opportunities for	with complex behavioral		
	age-appropriate social and	health needs.		94% agreed they were
	recreational activities.			satisfied with services
				their family received
				via the program.
				80% met their
				treatment goal.

Table C
Community Mental Health Services Block Grant
Summary of Service Objectives and Activities

Service	Objective	Grantor/Agency Activity	Number	Performance
Category			Served	Measures
			FFY 19	
		Children's Services	1	
FAVOR	To support meaningful family	DCF provides funds to	1,313	For all categories:
Statewide	involvement in the children's	FAVOR to support service	families	- Access
Family	behavioral health system	and system development	received	- Convenience
Organization –	through a statewide family	from a family and youth	peer	- Cultural sensitivity
<b>Family Peer</b>	advocacy organization.	lived-experience	support	- Treatment planning
Support		perspective.	services.	- Outcomes
Services				- Social functioning - Family satisfaction, 98% of respondents "agreed or strongly agreed" that their interaction with Peer Support Specialists resulted in positive outcomes and satisfaction.
				Family Peer Support staff provided trainings on "How to be Your Child's Best Advocate," and trained 116 families and providers. Overall, 65% of the total participants were family members.

Table C
Community Mental Health Services Block Grant
Summary of Service Objectives and Activities

Service	Objective	Grantor/Agency Activity	Number	Performance
Category			Served FFY	Measures
			19	
		Children's Services		
Youth Suicide	To promote programs,	DCF provides funds utilized	544 trained	Over 85% of all those
Prevention/	activities and strategies that	by the CT Suicide Advisory	in Mental	trained rated the
Mental Health	prevent youth suicide and	Board (chaired by DMHAS	Health First	training as satisfactory
Promotion	enhance positive mental	and DCF) to contract for	Aid (MHFA);	or higher and said that
	health in children and youth.	services and training	123	the training achieved
	DCF funds materials and	related to youth suicide	trained in	the objective of giving
	promotes Emergency Mobile	prevention and mental	Youth	them more confidence
	Psychiatric Services and 2-1-	health promotion.	MHFA; 60	in responding to
	1 suicide prevention.		trained in	someone who may be
			Question,	a suicide risk.
			Persuade &	
			Refer; 11	
			trained in	
			Applied	
			Suicide	
			Intervention	
			Skills	
			(ASIST); 16	
			trained as	
			ASIST	
			trainers.	
			Over 89,000	
			marketing	
			materials	
			delivered	
			statewide.	

Table C
Community Mental Health Services Block Grant
Summary of Service Objectives and Activities

Service	Objective	Grantor/Agency Activity	Number	Performance
Category			Served FFY	Measures
			19	
		Children's Services	•	
CT Community	To enhance the provision of	DCF contracts with	594	91% responded
KidCare:	effective, child and family-	community providers,	families	positively on training
Workforce	focused, strengths-based,	universities, and	trained	evaluations.
Development/	culturally competent,	consultants; purchases		
Training and	community-based service	assessment/evaluation	11 agencies	
Culturally	provision through the	materials/tools to support	trained,	
Competent	System of Care approach.	the provision of	496	
Care		community-based care for	individual	
		children with behavioral	agency	
		health needs; trains	participants	
		agencies in culturally and		
		linguistically appropriate		
		services (CLAS) standards;		
		and promotes		
		development of a health		
		equity plan.		
Extended Day	To support the development	DCF contracts with	1,071	71% of families met
Treatment:	of a statewide, standardized,	specialty vendors to deliver	children	treatment goals.
Model	multi-faceted model of care	expert training and other	and	
Development	to provide behavioral health	supports such as trauma-	adolescents	
and Training	treatment and rehabilitative	focused clinical		
	supports for children and	interventions, evidence-		
	adolescents who experience	based family engagement		
	a range of complex	protocols, and therapeutic		
	psychiatric disorders and	recreation interventions to		
	their families.	support the delivery of		
		effective treatments for		
		children with behavioral		
		health needs and their		
		families.		

Table C
Community Mental Health Services Block Grant
Summary of Service Objectives and Activities

Service	Objective	Grantor/Agency Activity	Number Served	Performance
Category			FFY 19	Measures
		Children's Services		
Early Serious	To utilize Medicaid claims	Beacon Health Options,	FEP episodes: 143	100% of youth and
Mental Illness	data and other	through the First Episode	youth;	young adult
(ESMI)/First	appropriate available data	Psychosis Intensive Care	FEP episodes with	members, ages 16 –
Episode	to identify, refer, and	Manager (FEP –ICM), will	contact: 143	26, with a First
Psychosis	follow-up on youth and	provide early	youth (100%	Episode Psychosis
(FEP) 10% Set-	young adult Medicaid	identification of FEP,	contacted); 143	were identified for
Aside	members, ages 16 – 26,	rapid referral to	youth and their	FEP-ICM services
	who have experienced a	evidence-based and	parents/caregivers	using the Medicaid
	First Episode Psychosis	appropriate services, and	received a total of	claims data
	(FEP).	effective engagement	2,220 outreach	algorithm, for the
		and coordination of care,	contacts	purpose of improving
	Any youth or young adult	which are all essential to		the opportunities for
	identified as having	pre-empting the		recovery.
	experienced an FEP will	functional deterioration		
	be eligible for referral to	common in psychotic		100% of all youth
	appropriate treatment	disorders.		identified were
	services as well as			referred for services.
	coordinating care	The FEP-ICM is an		
	involving assessment,	independently licensed		100% of those who
	planning, linkage, support	behavioral health		refused services
	and advocacy to assist	clinician employed by		were informed of the
	these individuals in	Beacon Health Options		benefits available to
	gaining access to needed	who will be responsible		them.
	medical, social,	for managing and		
	educational or other	coordinating the care of		
	services.	individuals who are		
		experiencing a first or		
		early episode psychosis.		
		The FEP-ICM will be		
		activated when		
		individuals with FEP are		
		identified.		

Table C
Community Mental Health Services Block Grant
Summary of Service Objectives and Activities

Service	Objective	Grantor/Agency Activity	Number	Performance Measures
Category			Served FFY	
			19	
		Children's Services		
Outpatient	To improve the mental	DCF contracts with Child	820	Caregivers (95%) and
Care: System	health, well-being, and	Health and Development	children	children (95%) reported
and Treatment	functioning of children with	Institute of Connecticut	received	high satisfaction with
Improvement	SED and their caregivers by	(CHDI) to serve as the	MATCH-	treatment.
	sustaining and expanding	coordinating center to	ADTC; 54	
	availability of and access to	disseminate and sustain	new	Children completing
	evidence-based	evidence-based	clinical	MATCH-ADTC had
	interventions and	treatment, such as	staff	positive clinical outcomes
	treatments at outpatient	Modular Approach to	trained to	with over 60% of children
	clinics.	Therapy for Children with	deliver	with elevated trauma
		Anxiety, Depression,	MATCH-	symptoms reporting
		Trauma and Conduct	ADTC; 19	remission, and 63% of
		Disorders (MATCH-ADTC).	agencies	caregivers reporting
			trained;	remission in children's
			and 1 new	internalizing/externalizing
			agency	behaviors.
			joined the	
			MATCH-	
			ADTC	
			initiative.	

Table C
Community Mental Health Services Block Grant
Summary of Service Objectives and Activities

Service	Objective	Grantor/Agency Activity	Number Served	Performance
Category			FFY 19	Measures
		Children's Services		
Best Practices	To work on tasks	DCF contracted with CHDI	CHDI held 8	For SHAPE,
Promotion and	recommended within the	for implementing School	SHAPE 101	93% of school
Program	Children's Behavioral Health	Health Assessment and	webinars from	participants rated
Evaluation	Plan (PA 13-178), including:	Performance Evaluation	January – June	the SHAPE 101
	fiscal analysis, data	(SHAPE) training, and	2019, at which	webinar as
	integration, Network of Care	Beacon Health Options for	point 37 schools	satisfactory or
	system analysis, and	fiscal mapping.	and 33 school	higher and 91%
	implementation of national		districts had	reported that it
	standards for culturally and		been engaged in	introduced them
	linguistically appropriate		SHAPE.	to the skills
	services (CLAS).			needed to
			Beacon Health	participate in the
			Options	SHAPE system.
			developed the	
			annual fiscal map	DCF received a
			and	detailed fiscal
			accompanying	analysis
			report.	developed at the
				request of and in
				conjunction with
				the Tri-Chairs of
				the Children's
				Behavioral Health
				Implementation
				Advisory Board.
				This was the third
				annual fiscal
				analysis, but this
				included an
				enhanced review
				that included
				expanded
				expenditure
				categories.

Table C
Community Mental Health Services Block Grant
Summary of Service Objectives and Activities

Service	Objective	Grantor/Agency Activity	Number Served	Performance
Category			FFY 19	Measures
		Children's Services		
Outcomes:	Continued support to KJMB,	Support federally required	Changes made	Work completed.
Performance	Inc. for the upgrading of the	client level data reporting	to federal	
Improvement	DCF Provider Information	enhancements, as well as	Uniform	
and Data	Exchange (PIE).	expand the outcome	Reporting	
Dashboard		measures collected via	System Tables	
Development		DCF's Provider Information	as required to	
		Exchange (PIE) data	allow for	
		system.	automation.	
			Continued work	
			on automation	
			of Results Based	
			Accountability	
			(RBA) report	
			cards for PIE	
			programs.	
			Development of	
			an Evidence	
			Based Tracker	
			instrument.	
Workforce	To promote the	DCF contracts with	37 faculty	124 graduate
Development:	development of a more	Wheeler Clinic to expand	trained	students
Higher	informed and skilled	the pool of faculty and		completed
Education In-	workforce with interest and	programs credentialed to	124 students	certification.
Home	solid preparation to enter	teach evidence-based and	received	
Curriculum	positions within evidence-	promising practice models	certificates of	31 guest
Project	based in-home treatment	of in-home treatment by	completion.	presentations and
	programs.	training university faculty		5 family guest
		to deliver the curriculum.		presentations
				completed.

Table C
Community Mental Health Services Block Grant
Summary of Service Objectives and Activities

Service	Objective	Grantor/Agency Activity	Number Served FFY	Performance		
Category			19	Measures		
	Children's Services					
Other	To support participation by	Funding is made available	CBHAC had 19	Live verbal		
Connecticut	families and stakeholders	to assist with the	members (11	translation		
Community	in the System of Care,	functioning and charge of	parents/consumers	provided in all		
KidCare	including the Children's	the CBHAC, covering	and 8 state	monthly CBHAC		
	Behavioral Health Advisory	modest ancillary costs	agencies/providers),	meetings as well		
	Committee (CBHAC). This is	associated with meetings	with regular	as written		
	a means to facilitate	and special events.	attendance by	translation of all		
	broader constituent		members of the	monthly meeting		
	involvement in planning		public at monthly	agendas and		
	activities related to the		CBHAC meetings.	minutes.		
	provision of children's					
	mental health services in					
	Connecticut.					

### **III. Allocations by Program Category**

### For Adult Mental Health Services from DMHAS Community Mental Health Services

	FFY 19 ACTUAL Expenditures (including carry forward funds)	FFY 20 ESTIMATED Expenditures (including carry forward funds)	FFY 21 PROPOSED Expenditures (including carry forward funds)
Emergency Crisis			
Stabilization/respite to avert hospitalization	\$1,342,083	\$1,422,064	\$2,105,296
TOTAL	\$1,342,083	\$1,422,064	\$2,105,296
Outpatient Services/Intensive Outpatient			
Evaluation, diagnosis and Treatment	\$433,527	\$433,525	\$433,525
TOTAL	\$433,527	\$433,525	\$433,525
Residential Services/Supportive Housing			
Housing subsidies/Supportive services	\$405,891	\$1,115,041	\$1,115,041
TOTAL	\$405,891	\$1,115,041	\$1,115,041
Social Rehabilitation			
Enhance person/life skills	\$95,908	\$145,044	\$145,044
TOTAL	\$95,908	\$145,044	\$145,044
Supported Employment/Vocational Rehabilitation			
Skill building and employment support	\$529,767	\$471,837	\$471,837
TOTAL	\$529,767	\$471,837	\$471,837
Case Management Services			
Community Outreach Services	\$237,155	\$237,155	\$237,155
TOTAL	\$237,155	\$237,155	\$237,155
Family Education/Training			
NAMI-CT assists families	\$67,576	\$105,303	\$105,303
TOTAL	\$67,576	\$105,303	\$105,303
Consumer Peer Support Services in Community Mental Health Provider Setting			
Peers help patients navigate the system	\$104,648	\$104,648	\$104,648
TOTAL	\$104,648	\$104,648	\$104,648

Parenting Support/Parental Rights			
Assists parents with mental health issues	\$49,708	\$49,708	\$49,708
TOTAL	\$49,708	\$49,708	\$49,708
Peer to Peer Support for Vocational			
Rehabilitation			
Peers assist patients seeking employment	\$52,234	\$52,851	\$52,851
TOTAL	\$52,234	\$52,851	\$52,851
Administration of Regional Behavioral			
Health Action Organizations			
Former Regional Mental Health Boards and Regional Action Councils	\$417,051	\$418,906	\$418,906
TOTAL	\$417,051	\$418,906	\$418,906
Early Serious Mental Illness (ESMI)/First			
Episode Psychosis (FEP) 10% Set-Aside			
Serves 16 – 26 year olds in their illness	\$464,304	\$474,277	\$489,081
TOTAL	\$464,304	\$474,277	\$489,081

### For Children's Mental Health Services from DCF Community Mental Health Services

	FFY 19 ACTUAL Expenditures (including carry forward funds)	FFY 20 ESTIMATED Expenditures (including carry forward funds)	FFY 21 PROPOSED Expenditures (including carry forward funds)
Respite Care for Families			
Home-based respite care	\$461,112	\$450,000	\$450,000
TOTAL	\$461,112	\$450,000	\$450,000
FAVOR Statewide Family Organization- Family Peer Support Services			
Develop and Direct Family Advocacy	\$519,450	\$569,446	\$720,000
TOTAL	\$519,450	\$569,446	\$720,000
Youth Suicide Prevention/Mental Health Promotion			
Training/Community Outreach & Services	\$209,103	\$225,000	\$225,000
TOTAL	\$209,103	\$225,000	\$225,000
CT Community KidCare			
Workforce Development & Training; focus			
on competent multicultural services and			
learning collaborative for family members	\$65,000	\$65,000	\$65,000
TOTAL	\$65,000	\$65,000	\$65,000
Extended Day Treatment			
Model development and training	\$29,364	\$40,000	\$40,000
TOTAL	\$29,364	\$40,000	\$40,000
Early Serious Mental Illness (ESMI)/First Episode Psychosis (FEP) 10% Set-aside			
Outreach/support	\$308,399	\$423,453	\$423,453
TOTAL	\$308,399	\$423,453	\$423,453
Outpatient Services/Intensive Outpatient			
Outpatient Care: System Treatment and			
Improvement	\$158,068	\$183,000	\$183,000
TOTAL	\$158,068	\$183,000	\$183,000
Quality of Care			
Best practices promotion and Program			
Evaluation	\$98,802	\$250,000	\$230,000
TOTAL	\$98,802	\$250,000	\$230,000

Pohovioval Hoolth Outcomes			
Behavioral Health Outcomes			
Performance Improvement and Data			
Dashboard Development	\$191,420	\$100,000	\$50,000
TOTAL	\$191,420	\$100,000	\$50,000
Workforce Development			
Higher Education In-Home Curriculum			
project	\$79,040	\$75,000	\$65,000
TOTAL	\$79,040	\$75,000	\$65,000
Other Connecticut Community KidCare			
Activities and related support to achieve			
full participation of consumers/families in			
the system of care, including CBHAC	\$6,734	\$45,000	\$45,000
TOTAL	\$6,734	\$45,000	\$45,000
Emergency Crisis			
Mobile Crisis	\$0	\$300,000	\$300,000
Total	\$0	\$300,000	\$300,000